

All On Board with Life's A Feast (563)-845-0324 lifesafeast@gmail.com

Breakfast 5:00am to 11:00am

Lunch 11:00 a.m. to 2 p.m.

Breakfast Menu

Breakfast Burrito -egg, cheese, ground beef, black beans, salsa -Gluten Free available	\$8.00
Fresh Warm Croissant Sandwich (Millwork Bakery) -Egg, Ham and Cheese -Ham and Cheese -Egg and Cheese	\$10.00
Fresh Warm Bagels (Millwork Bakery) -Plain or Everything -Smear no Smear, Jelly	\$5.50
Granola Parfaits -granola, fresh fruit and Greek Yogurt	\$8.00
<u>Cheese and Cracker Plate</u> -cheese, crackers, and grapes	\$8.00
Fresh Pastries (Millwork Bakery)	\$5.00
Fresh Fruit	\$3.00

Lunch Menu

KDBQ Club Ciabatta or Wrap	\$12.00
smoked turkey, avocado, bacon, tomato, lettuce, mayo, mustard with chips	
Chicago Style all beef Hot Dog with chips	\$5.00
Polish Sausage with Peppers & Onions with chips	\$7.00
Grilled Cheese with chips	\$5.00
The Earhart Burger on Kaiser Bun with chips Bacon, Lettuce, Tomato, Onion, Pickle Add \$2.00 for cheese – choice of Cheddar Cheese, American Cheese or Provolon	\$10.00
Veggie Wrap hummus, cucumber, red pepper, tomato, zucchini, carrot & lettuce	\$8.00
Midwest Cobb Salad romaine, sliced smoked turkey, hard boiled eggs, tomato, bacon, carrot, Or Vegan Option with homemade Blue Cheese or Lemon Vinaigrette	\$12.00
Power Bowl Salad-Kale Chickpea, Feta, Red Onion Lemon Tahini Dressing Add \$2.00 for Chicken)	\$9.00
Loaded Cheese Fries or Nachos jalapeno, green onions, bacon	\$6.00

French Fries available for an extra \$1.00 on all dishes

Beverage Menu

Beverages	
Orange Juice	\$2.75
Fresh Brewed Coffee	\$3.00
Coke, Diet Coke, Sprite, Fanta Orange, Barges Root Beer	\$3.00
Water	\$4.00
Powerade	\$5.00
Unsweetened Iced Tea	\$3.00
Sweetened Iced Tea - during the summer	\$3.00
All Cocktails	\$8.00
Smirnoff	ψο.
Tanqueray	
Bacardi Rum	
Jack Daniels Seagram 7	
Jose Cuervo	
Beer	
Bud Light, Busch Light and Michelob Ultra	\$4.00
Corona	\$5.00
Wine	
Chardonnay	\$8.00
Pinot Noir	\$8.00
Bloody Mary's	\$8.00
Mimosa's	\$9.00

